

IGNOU Study Centre - 38039
IGNOU REGIONAL CENTRE DELHI-3
Online Counselling Sessions - July 2021
Certificate Programme in YOGA (CPY) (Fresh Registration)



Programme	Course Code	Date (2021)	Time	Counsellor	No of Sessions	Meeting Link	Total Students
CPY	BYG-001	Dec 4, 5, 11, 12	2 – 4 PM	Ms. Anjali Singh	4	https://us05web.zoom.us/j/86747189904?pwd=amtjVTRQamZlaWxPNDd4cXJwY3FXdz09	108
	BYG-002	Dec 4, 5, 11, 12	8 – 10 AM	Mr. Ajay Tomar	4	Meeting ID: 867 4718 9904 Passcode: 9JQ3yA	

- Ms. Anjali Singh: anjalisinghlove97@gmail.com
- Mr. Ajay Tomar: ajaytomaryoga@gmail.com

NOTE FOR LEARNERS:

1. Please try to attend the online counselling sessions regularly.
2. Study relevant blocks before the counselling session. Identify the points you may like to discuss/clarify.
3. Please keep your course material with you during the counselling sessions for ready reference.
4. Please keep your mic muted and video off and join the meeting 10 minutes before the session.

Dr. Rachna Mohan
Coordinator RCSC-38039